“I am no longer bound by trying to hide or protect a wrong choice that I made so long ago. Shame would try and tell us to keep your past hidden. But I have learned the opposite.”

Julie Weber, Minnesota

My story begins, when I was twenty years old, unmarried and in college, I became pregnant. When I told the father he didn't want anything to do with me or the baby. I felt that I couldn't tell my parents or anyone else. I felt that I had only one alternative and that was to abort the baby.

With a cashier’s check and a good bye from the father I aborted my baby over the July 4th weekend 1978. After I had made the poor choice to abort my baby, not only did my choice end my child’s life but it led to many negative consequences for me.

Physically it harmed me, I was anemic and sick with the Pelvic Inflammatory disease, and then I finally became sterile. Emotionally, I was a wreck from the shame, guilt, anger, sadness, and self-hatred because of the sin I had committed. These unresolved feelings led to several years of serious bulimia. I suffered from flashbacks, isolation and depression. On top of this, I carried all of this baggage into my marriage. My wounded state along with my husband’s issues, kept us living for years, one step away from a divorce.

Well, you’ve heard how bad it got for me, but let me tell you how good it gets. The Bible tells us that we are able to overcome by the power of God's word and our testimony. God’s word promises salvation, which I received right after the abortion. God’s word promises physical healing which I experienced when God healed me of being anemic, having the Pelvic Inflammatory disease, being bulimic and sterile. The evidence of God’s healing power is the fact that I have two miracle teenage children today. God’s word promises emotional healing, liberty and freedom from bondage which I experienced when I received God's forgiveness for the abortion, forgiving myself and inner healing from all of the negative emotions. God’s word also promises to watch over our marriage covenant, which I experienced when God healed our marriage relationship.

Besides by God’s word, we can overcome by the power of our testimony. I am no longer bound by trying to hide or protect a wrong choice that I made so long ago. Shame would try and tell us to keep your past hidden. But I have learned the opposite. Sharing my testimony of what God has done for me is a constant reminder of the overcoming power of God. Today I can say with boldness that what the enemy meant for harm to me, God has turned toward the good.

Julie is the Minnesota State Leader for Operation Outcry and Founder of Liberate Ministries an after abortion recovery ministry.

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